



Sahu Ramswaroop Mahila Mahavidyalaya

Shayamganj, Bareilly (U.P.)-243005

www.srmmbareilly.ac.in

Faculty Profile

Title	Dr.	First Name	Priti	Last Name	Verma	Photograph			
Designation		Assistant Professor							
Department		Physical Education & Sports							
Address (Campus) (Residence)		Sahu Ramswaroop Mahila Mahavidyalaya, Bareilly							
		B-9,Sector P 1,DD Puram Bareilly-243122							
Phone No (Campus) (Residence)									
Mobile		9453055640							
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Educational Qualifications (Graduation Onwards)									
Course/ Degree	Institution			Year	Details/Thesis Topic/Subjects				
BA	University of Lucknow, Lucknow			2001	English Literature, Economics, Sociology				
B.P. Ed	University of Lucknow, Lucknow			2002	Physical Education				
M.P.Ed	University of Lucknow, Lucknow			2009	Physical Education				
Ph. D	Banaras Hindu University, Varanasi			2013	Effect of Different Phases of Menstruation Cycle on Psycho-Biochemical Variables of Female Players				
PGDYP	Dr. Hari Singh Gaur University, Sagar			2016	Yoga & Psychotherapy				
Career Profile									
Organization / Institution			Designation		Duration	Role			
Banasthali University, Rajasthan			Research Associate		1 year 7 months	Teaching & Coaching			
Banasthali University, Rajasthan			Assistant Professor		10 months	Teaching & Coaching			
Sahu Ramswaroop Mahila Mahavidyalaya,Bareilly			Assistant Professor		5 years 9 months	Teaching			
Research Interests / Specialization									
• Yogic Physiology • Sports Training • Women Health & their fitness									
Teaching Experience (Subjects/Courses Taught)									
7 Years (Physical Education, Sports and Yogic Sciences)									
Honors & Awards									
Awarded Junior Research Fellowship by University Grant Commission, New Delhi in Dec, 2009.									
Awarded by State Power Lifting Association, Bareilly on 10 th February, 2025.									
Publications /Academic Activities (Numbers Only)									
Books & Monographs (Single Author)	00	Research Papers Published in International Journals	14	Papers Presented in Seminars/ Conferences	15	Seminars/ Conferences Organized	00	Research Projects (Completed)	00

Books (Co-authored)	01	Research Papers Published in Other Journals	13	Seminar/ Conferences Attended	03	Workshops Organized	05	Research Projects (Ongoing)	00
Books (Edited)	00	Articles Published in Popular Fora, e.g., Websites, Blogs, Newspapers, Magazines etc.	00	Sessions Chaired in Seminars/ Conferences	00	Membership of Academic/ Professional Bodies	01	Foreign Countries Visited for Academic Assignments	00
Chapters in Edited Books	08			Resource Lectures Delivered	09				

Details of Publications /Academic Activities (2010 Onwards)				
(a) Books / Monographs				
Year of Publication	Title	Publisher	ISBN	Co-Author (s) (if any)
(b) Papers Published in Indexed/ Peer Reviewed Journals				
Year of Publication	Title	Journal	ISSN/ Indexing	Co-Author (s) (if any)
2012	Self care Assessment of Physical Education Students pertaining to different courses	Journal of Sports ,Physical Education, Allied & Alternative Sciences	2230-7931	2
2012	Hardiness Assessment of Physical Education Students pertaining to different courses.	Human Kinetics, ABI-Annual Publication of A.I.P.C.E	0976-6588	2
2012	A comparison between Male & Female Volleyball Players in Relation to Success Orientation.	Akash Journal of Physical Education & Yoga Science. R.V. Higher Education & Technical Institute,Dadri, Greater Noida (UP)	2250-1398	0
2012	Consequences of Luteal Menstrual & Follicular Phases of Menstruation on Haemoglobin Content of Female Players of Uttar Pradesh.	Indian Journal of Movement Education and Exercises Sciences (IJMEES),Bi-annual Refereed Journal, Society for Research of Movement Education, Sagar (MP)	2249-5010	1
2012	Red blood cells counts of female players during different phases of menstruation cycle.	Akash Journal of Physical Education & Yoga Science. R.V. Higher Education & Technical Institute, Dadri, Greater Noida (UP)	2250-1398	1
2013	Effect of Pranayama on Intensity of Pain &	Indian Journal of Physical Education & Sports	2320-7981	1

	Haemoglobin Level during Menstruation phases in Females	Sciences, Department of Physical Education and Sports Sciences, Faculty of Inter-Disciplinary and Applied Sciences, University of Delhi.		
2014	Different Personality Aspects of Wrestling and Judokas In Relation To Their Achievement”.	Akash Journal of Physical Education & Yoga Science. R.V. Higher Education & Technical Institute, Dadri, Greater Noida (UP).	2250-1398	0
2014	Females Performance during Different Phases of Menstruation Cycle	Asian Resonance, Social Research Foundation.	0976-8602	1
2014	Consequences of Different Phases of Menstruation Cycle on Serum Calcium of Female Players	Asian Resonance, Social Research Foundation	0976-8602	1
2013	Yoga & Physical Activity: An Essence for Chronic Disease Sufferers	Apoorva Research Journal, Faculty of Arts, BHU, Varanasi	0975-5780	1
2014	Psychological Health Status of Female Players during Different Phases of Menstruation Cycle	Scientific Journal in Sport and Exercise, Laxmibai Sports Education and Welfare Society, New Delhi	0974-2964	1
2015	Haematological Health Profile of Female Players	International Educational E-Journal, Kolhapur Maharashtra	2277-2456	0
2015	Physiological Parameters of Female during Different Days of Menstrual Phase	Online International Interdisciplinary Research Journal, Bi-Monthly Kolhapur Maharashtra.	2249-9598	0
2015	Impact of Different Phases of Menstruation on Degree of Pain in Female Players,	International Educational E-Journal, Kolhapur Maharashtra {Quarterly}	2277-2456	0
2015	Pranayama Practice: Its effect on Haematological Variables of Male & Female Inter University Players.	Online International Interdisciplinary Research Journal, Bi-Monthly Kolhapur Maharashtra.	2249-9598	0
2015	Cardio-Vascular Profile of School going children with the application of Yogic Asanas & Breathing Techniques	Online International Interdisciplinary Research Journal, Kolhapur Maharashtra	2249-9598	0
2016	Achievement Goals and Belief about Success in Female Sprinters: a co-relational Study	Online International Interdisciplinary Research Journal, {Bi-Monthly} Kolhapur Maharashtra	2249-9598	0

2016	Effect of Short Term Training Programme on Agility Flexibility & Core Strength of Karate-Do Females	Online International Interdisciplinary Research Journal, Kolhapur Maharashtra	2249-9598	0
2016	Achievement Goals and Belief about Success in Sports: Study on Male Track & Field Participants	International Educational E-Journal, {Quarterly}, Kolhapur Maharashtra	2277-2456	0
2017	Variations in Complete Blood Counts during Different Phases of Menstrual Cycle in Female Players	Online International Interdisciplinary Research Journal, {Bi-Monthly}, Kolhapur Maharashtra	2249-9598	0
2017	A Comparative study between Achievement Goals and Belief about Success in Male and Female Interuniversity Players	AKASH' the 'Journal of Physical Education, Sports and Yoga Sciences	2250-1398	0
2017	Estimation of Success orientation and locus of Control among different Professional Groups	AKASH' the 'Journal of Physical Education, Sports and Yoga Sciences'	2250-1398	0
2017	Relationship among Different Phases of Menstruation and Selected Psycho-Hematological Variables of Female Players	AKASH' the 'Journal of Physical Education, Sports and Yoga Sciences'	2250-1398	0
2017	Relationship between Achievement Goal and Belief about Success in female soccer Players	Online International Journal of Physical Education and Sports Sciences	2456-2963	0
2024	Evolution of Physique in Youth Combat Athletes: Morphological Variations across Age Group	Vidyawarta Peer Reviewed International Refereed Research Journal	2319-9318	0
2025	Academic Achievement Motivation and Home Environment: A Government School Perspective across Rural & Urban Contexts	Vidyawarta Peer Reviewed International Refereed Research Journal	2319-9318	0
2025	Residential Context and Its Impact on Home Environment: A Comparison of Rural and Urban Male Students	Janak: A Journal of Humanities	3117-3462	0

(c) Articles
1. Published “Influence of Menstruation on Females” Pg. No.175-180 (2012) in Proceedings of International Seminar, BHU, Varanasi-221005 ISBN-92-8867-511-8 2. Published “Platelets Counts of Female Players” (2013) Pg. No.30-33 in Proceedings of National Conference, LNIPE, Gwalior ISBN-978-81-7524-699-7 3. Published “Total Leucocytes Counts of Female Players during Different Phases of Menstruation Cycle” (2014) Pg No.161-164 in Proceedings of National Conference on Physical Education and Sports Sciences. LNIPE, Gwalior ISBN -978-81-7524-743-7. 4. Published “Consequences of Level of Participation on Psychological Parameters of Female Basketball Players” (2015) Pg No.438-442 in Proceedings of International conference on physical education & sports sciences. JERC University, Jaipur ISBN-978-81-89643-98-4. 5. Published “Estimation of Diurnal Variations on Females Performance (May 2015) Pg. No.26-29 in Proceedings of National Workshop cum Conference, IPS, Gwalior ISBN-978-81-922218-1-6 6. Published “Analysis of Achievement Goals and Belief about Success in Sports among Female Sprinters, Throwers, Jumpers & Hurdlers” (December, 2015) Pg No.138-142 in Proceedings of International Conference on Current Research in Emerging Trends of Management, Arts, Science, Technology and Skill Development, Department of Research, Sun Rise University, Bagad Rajput, Alwar (Rajasthan) ISBN-978-81-903536-4-9 7. Contributed Health and Physical Education Textbook for Class XI First Edition July 2020 Ashadha 1942 (Contributor)published by OFFICES OF THE PUBLICATION DIVISION, NCERT Campus, Sri Aurobindo Marg New Delhi 110 016 ISBN 978-93-5292-315-1 8. Published “Yoga: Swasth v Santulit Manav Jivan ki Adarshila.Yog aur Swasthya ka Antarsambandh evam Rojgar ke avsar” published by Adhar Publication,Amravati ISBN-978-93-91305-20-8.
(d) Seminar/Conference Presentations
15 Research papers presented in different National/International Conferences/Seminar
(e) Resource Lecture Delivered
13 Lectures Delivered in Seminar/allotted by different Universities /Colleges as well as Pre Ph.D Course work students
(f) Seminars/Conferences/Workshops/Events Organized
Total 25 Events organized till 2025-26 in which 7 workshops, 1 Seminar & 17 Sports Events Organized.
(g) Public Service / University Service / Consulting Activity
(h) Memberships of Academic/Professional Bodies
❖ Member of Editorial Board of “Janak: A Journal of Humanities”, An Open Access Peer Reviewed Refereed Journal (E-ISSN 3117-3462) published under the aegis of Dr. Janak Singh Socio Cultural Educational Society, Bareilly.
Projects (With Title, Year, Grants, Funding Agency and Collaborations)
Administrative Positions/Assignments Held

Academic Foreign Visits
Any Other Details